

PAUL CUNNINGHAM

WARD 2

February 5, 2016

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INSIDE THIS ISSUE:

Fort Lowell Events	3
Carol West Senior Center	4
Parks Programs	4

What to drop off 5

PAUL'S NOTE

An incident this week reminded me of the importance of making sure our kids wear bicycle helmets. In Tucson, we are pretty lucky that there are organizations that will help you get a helmet for your child.

Next month, Tucson Medical Center will be hosting Be Safe Saturday. On March 19, local organizations will be staffing 100 interactive booths about the safety and wellness of children in Southern Arizona.

Safe Kids Pima County and the Tucson Police Department will be conducting car seat checks from 9 a.m. to noon. In all, 3,000 bike helmets and 1,200 booster seats that will be handed out. The Children's Miracle Network is helping to sponsor the giveaways.

The event starts at 9 am at TMC Parking Lot #11, 5301 E Grant Road. Choo Choo Soul will take the stage at 10 am. The event runs until 2.

The Living Streets
Alliance is another
partner for youth bicycle safety. They
have adopted Ward
2's Kellond Elementary as part of their
"Safe Routes to
Schools" efforts. Just
this week, they
brought in mechanics
to tune-up student

bicycles. They also provided helmets.

LSA has regular "Kidical Mass" rides where they not only take rides with kids, but also provide free helmets. My staff has participated in these rides in the past, and LSA volunteers not only provide helmets, but educate kids on the proper way to wear them. Their next two are at Blenman-Elm Elementary on February 20 from 12-2 and Pueblo Gardens Elementary on March 12.

Closer to us here in Ward 2 will be a "Light the Night" event at Grant and Alvernon on February 16. LSA will be Page 2 Paul Cunningham

Paul's Note, Continued

giving away not only helmets, but lights, and safety information from 5:30 pm until supplies run out. This event is being done in partnership with the Pima Association of Governments and the City of Tucson.

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This weekend is Fort Lowell Day. Fort Lowell was moved to the location we are familiar with in 1873, and with it came the founding of the neighborhood around it and family connections to the area which still exist.

The area has a fascinating history: Native American, Hispanic and Anglo cultures have all had a visible impact. Here's a piece of trivia for you: among the soldiers assigned to the fort was a young army physician named Walter Reed. A lot has happened there.

As a proud resident of the area, I'd like to encourage all of you to come out to Fort Lowell Celebration on Saturday from noon until four. Events include cavalry demonstrations, lessons in how to make adobe and a vintage baseball game.

Fort Lowell Road will be closed to traffic between Craycroft and Beverly from noon to 4 p.m. A van shuttle is available for transport between Fort Lowell Park and the San Pedro Chapel. An additional bus tour to the historic sites of the Tucson Medical Center will start from Fort Lowell Park and include an exhibit of old surgical instruments. Parking is also available at The Gregory School. The school is on the west side of Craycroft between Fort Lowell Road and the Rillito River.

A list of events is in this newsletter, or you can visit oldfortlowellneighborhood.org or their Facebook page.

FORT LOWELL DAY EVENTS

Blood and Guts Medicine in the 19th Century Southwest—2:30 pm San Pedro Chapel

The treatment of illness and disease in the 19th Century southwest reflected the mélange of beliefs of the diverse peoples who settled here: indigenous people with their shamanic ceremonies and herbal remedies; Spaniards with their theories of 'body humors out of balance' and treatments of 'bleeding and purging'. The arrival of the US Army in the 1840's brought western medicine and the practical skills of 'barber surgeons' active in the treatment of battlefield injuries. Dr. Rudy Byrd, well known Family Medicine Physician, will share his extensive knowledge of this colorful history and, together with Dr. Bob Hunter, demonstrate some battlefield surgical techniques at the San Pedro Chapel at 2:30 pm. For a preview, watch the video on Facebook.

In Fort Lowell Park - east of Craycroft

The State flag will be raised at noon to open the day's activities, accompanied by the 4th US Cavalry Band. Following the raising of the flag, visitors are welcome to meet the musicians and will be entertained by a concert of 19th Century band music.

At 12 noon, the Bisbee Black Sox, members of the Vintage Baseball Clubs of the Arizona Territories, begin a double header against the Tucson Sahuaros using the rules, uniforms, and equipment of the 19th Century. Historic baseball information provided.

B Troop, US Cavalry Regiment (Memorial) from Fort Huachuca will conduct drills on the old Parade Grounds at the Park. The 4th Cavalry Regiment is one of the most famous and most decorated regiments in the US Army. Since its activation in 1855 it has continuously served the United States of America.

In between events . . .

Come to 'Meet and Greet' the soldiers and their horses.

Learn how to make adobe bricks at the Post Hospital

Kids can pick up a Passport to History to be stamped at many sites east and west of Craycroft – and receive a Popcorn Award.

Explore the life of the Fort – the troops, scouts, doctors and Geronimo's warriors in the Fort Lowell Museum. See the new Statehood exhibits and stroll down Cottonwood Lane.

Historic Sites Walking Tour - west of Craycroft

The walking tour of historic sites meanders from the Hohokam site in Fort Lowell Park across Craycroft and westwards along Fort Lowell Road to the San Pedro Chapel. Pick up a map of the sites at the Information Booths in Fort Lowell Park, at the Commissary, El Callejon or at the Chapel. Hosts will be on hand to interpret the features of each site and recount the history. Food, water, and drinks can be purchased en route. A free shuttle service is available for transport between San Pedro Chapel and the parking area in Fort Lowell Park.

Page 4 Paul Cunningham

CAROL WEST SENIOR CENTER

Tax Aide: AARP free tax aide is offering services at Udall Center on Mondays and Wednesdays form 9 am to 12 pm through April 13, 2016.

Carl the Bug Guy: The East Side Senior Club presents a talk by Carl the Bug Guy entitled "Bugged by insects?" February 17 at 11:30. Refreshments will be served.

Rodeo Luncheon: February 23, the center will host a Rodeo Luncheon sponsored by Accent Care. There will be music.

Presidents' Day: The center will be closed February 15 in observance of Presidents' Day.

PARKS PROGRAMS

Facility Closures: All Parks and Recreation facilities will be closed Monday, February 15 in observance of Presidents Day.

Spring 2016 Leisure Classes: Session II of Spring classes begin March 20.

Summer 2016 Activity Guide: Watch for the Summer Tucson Parks and Recreation 2016 Activity Guide which will be published on Monday, April 18, 2016. The Activity Guide will have complete information on classes, programs, aquatics, and registration. The guide can also be viewed at www.ezeereg.com.



Contact Registration Services at 791-4877 for more information or questions.

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Tucsonaz.gov/ ward2 Remember to like Paul on Facebook! Please bring these items to the Ward 2 Office for the following charities:

THE COMMUNITY FOOD BANK—Non Perishable Items

DIAPER BANK OF SOUTHERN ARIZONA— Infant/Child/Adult Diapers

TIHAN - Personal Care Items for Individuals and Families in Need

LIONS CLUB—Eye Glasses

DANCING IN THE STREETS ARIZONA—Ballet/ Dance Equipment

CASA MARIA—Plastic bags

MAYOR AND COUNCIL

The next Mayor and Council meeting will be on **Tuesday**, **February 9** Regular Session starts at 5:30 pm following an afternoon study session. There is always a short call to the audience before the business portion of the meeting. Council chambers are located downtown at 255 W Alameda.

The agendas for the meetings are posted online at http://cms3.tucsonaz.gov/clerks/mcdocs

